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Vision

To become an efficient and effective regulator and controller of pharmacy profession, practice and business in the Region.



Mission

To regulate and control pharmacy profession, practice and business in the region by using the appropriate techniques, technology and guaranteed law enforcement.



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PONGEZI

MWAKA MMOJA WA MAFANIKIO KATIKA UONGOZI

BARAZA LA FAMASI LINAUNGANA NA WATANZANIA WOTE KUKUPONGEZA MHE. SAMIA SULUHU HASSAN, RAIS WA JAMHURI YA MUUNGANO WA TANZANIA, KUFIKISHA MWAKA MMOJA WA UONGOZI WAKO IMARA NA MAKINI.

BARAZA LINAKUOMBEA AFYA NJEMA NA KILA LA KHERI KATIKA KUTIMIZA MAJUKUMU YAKO NA TUNAAHIDI KUENDELEA KUKUPA USHIRIKIANO KWA KUFANYA KAZI KWA KUZINGATIA SHERIA, KANUNI, TARATIBU NA MAADILI KATIKA TAALUMA YA FAMASI.

KAZI IENDELEE #SAMIA 365





Pharmacy Council Supports World Kidney Health Week Campaign

"Kidney Health for All."

>>> By Anna Temu



The World Kidney Health Week is commemorated from 7th to 12th March every year. In Tanzania, the kidney week campaign was held at the Regional Coast Referral Hospital – Tumbi were a wide range of health services were provided including kidney screening, kidney health education and treatment, diabetes and blood pressure screening, blood donation, to mention a few. The theme for this year's campaign was "Kidney Health for All," and the Guest of Honor was Chief Medical Officer, Dr. Aifello Sichwale.

Chronic Kidney Disease (CKD) is one of the most common diseases globally, whereby 1 in 10 people suffers from CKD. Most patients on dialysis have CKD. Estimates suggest that 6800 CKD patients require dialysis in Tanzania, but only patients 2750 currently receive it. Individuals with

temporary or short-term kidney failure make up a small percentage of patients requiring dialysis. prominent demographic of this group is young pregnant mothers, who mostly die due to the lack of short-term dialysis support. In addition, kidney disease-related deaths continue to increase every year. This is driven by the

significant knowledge gap in kidney disease awareness. Effective strategies essential, including collective efforts of stakeholders to fight the increasing number of cases emerging and the rise kidney disease-related deaths.



information from Pharmacist Anna Temu during the Kidney Week Commemorations held at Tumbi Regional Referral Hospital from 7th to 12th March, 2022.

As a key stakeholder, the Pharmacy Council participated and supported this important event that lasted for a week. Over 700 people were educated by Council's pharmacists daily on significance of rational use of medicines and associated risks following irrational use. The public was availed with educative flyers detailing significance of rational use of medicines and had an avenue to ask various questions.

Speaking to Pharmacy News, the Head of Public Relations Unit, Pharmacist Anna Temu said "Promoting rational use of medicines is of paramount importance. Having a public that is health conscious and understands the drawbacks of irrational use of medicines guarantees among other factors, a healthier and robust population".



Council coordinated The

orientation trainings for 350 new pharmacists on February 26, 2022 that were held in Dar es Salaam and Dodoma. Along training, pharmacists took an oath of intergrity and adherence to the laws, regulations and

norms and values governing the pharmacy profession.

Speaking from Dodoma registration during orientation training for new pharmacists, the Registrar of Pharmacy Council. Pharmacist

Elizabeth Shekalaghe advised the pharmacists to go and serve the community with high credibility and diligence. As we know the scope of pharmacy practice is wide and provides avenues for pharmacists to work while continuing to learn and practice profession, their registrar added.



Pharmacy Council Deputy Registrar, Pharmacist Boniface Magige addressing the Newly Registered Pharmacists in Dar es Salaam during Induction Training on February 6, 2022.

Pharmacist Elizabeth also reminded pharmacists to keep abreast on the various regulations governing pharmacy practice while noting The Pharmacy Regulation (Prescription Handling and Control) Regulations, 2020.

She further concluded that, regardless of the various professional challenges they face, it is crucial to remain observant and abide with existing laws, regulations and ethical principles so as to maintain the spirit of professionalism for the purpose of protecting the dignity of the pharmacy profession.

For his part, the Deputy Registrar of Pharmacy Council, Pharmacist Boniface Magige commended the newly registered pharmacists for their achievements during induction training held in Dar es Salaam on the same day.

He urged pharmacists to abide to professional values and integrity and be accountable as these are the foundations that distinguish the pharmacy profession from other professions.

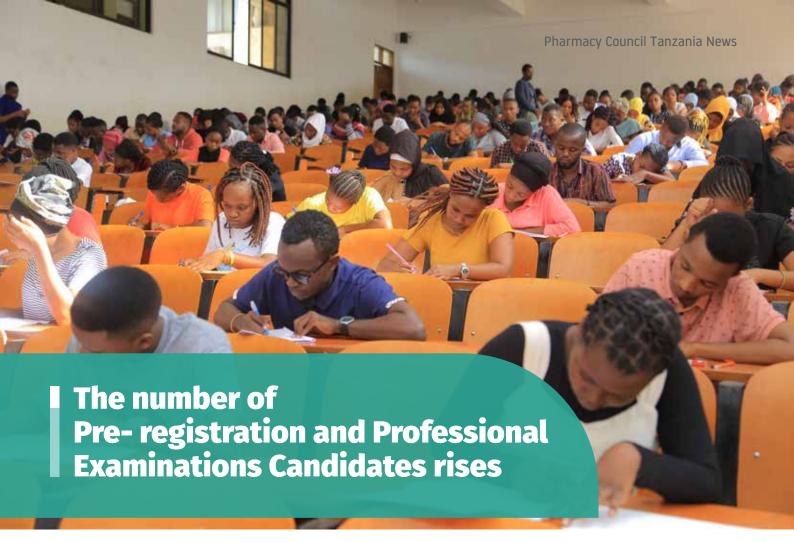
Pharmacist Magige further insisted the pharmacists to role models strengthen cooperation and unity among them.

side, Head On her Pharmacy Practice and Inspection Department, Pharmacist Arapha Nshau advised the pharmacists to focus on providing pharmaceutical services in accordance with the requirements of the law, regulations and standards. Pharmacist Arapha stressed accountability on devotion to professional obligations in order to accomplish the significant role that pharmacists play in the health of the society.

induction training materials covered a range of presentations includina topics on Hospital and Clinical Pharmacy Practice, Roles of the Pharmacist in Community Pharmacv Contract Practice. Management and its Professional Termination, Ethics and Conduct and highlight on Community Pharmacy Practice.

Newly pharmacists taking oath of commitment, obidience and adherence to the laws, regulations and ethical principles governing the pharmacy profession.





>>> By Emily Mwakibolwa

The number of pre-registration and professional examination candidates increased from 1,818 candidates registered in October, 2021 to **2,247** candidates registered in February 2022 which is equivalent to 24 percent increase. These examinations were conducted from 23rd - 25th February, 2022 at five (5) centers in Dar es Salam, Dodoma, Mbeya, Mwanza and Arusha regions.

Before conduction of those examination at Dar es Salaam Centre, the Deputy Registrar Pharmacist Boniface Magige

advised the candidates to adhere to examinations guidelines so as to avoid meddling during the examinations. He went ahead stressing that, the Council will not hesitate to revoke the results of the candidate who will be found to have violated the examination quidelines.

The Deputy Registrar stated that the examinations are very important in determining the competency of graduates who are intended to be registered by the Council and allowed to practice as pharmaceutical personnel.



Candidates who sat for pre-registration and professional examination in Dar es Salaam at Tanzania Institute of Accountancy (TIA) centre.

Pharmacy Council Dashboard

>>> By Timotheo Samwel

Registered Personnel

The Pharmacy Council registers all professionals practicing in the pharmacy profession. To date, the Council has full registered 2996 Pharmacists, provisionally registered Intern Pharmacists, enrolled 4566 Pharmaceutical Technicians and enlisted 790 Pharmaceutical Assistants.

Registered Premises

During the period of January to March 2022, 214 new pharmacy premises have been registered, among them 65 are owned by pharmaceutical personnel.

To date, the Council has registered a total of 2560 pharmacy premises among them 777 (30.4%) are owned by pharmacy professionals.

The Distribution of registered pharmacy premises country wide and those owned by pharmaceutical personnel is as shown below:





Pharmacy
Council Law and
Regulations
Governing Pharmacy

By Anna Temu

Practice

"THE PHARMACY (PRESCRIPTION HANDLING AND CONTROL)
REGULATIONS, 2020"

Restriction on sell of prescription medicines

- **3. (1)** A person shall not sell by retail or dispense prescription medicines unless the buyer produces a valid prescription issued in accordance with these Regulations.
- (2) A person who contravenes subregulation (1) commits an offence and on conviction shall be liable to a fine of not less than five hundred thousand shillings but not exceeding five million shillings or imprisonment for term not exceeding twelve months or to both.

"THE PHARMACY ACT, 2011"

Restriction on pharmacy business and use of title

- **43. (1)** A person shall not carry the business of pharmacist unless that person is a pharmacist or is in association with a pharmacist.
- (2) No person other than a pharmacist shall manufacture for sell, supply or dispense any medicine except under the immediate supervision of a pharmacist.

#Understand the Law and Adhere#

"THE PHARMACY ACT, 2011"

Penalties for professional misconduct

45. (1) Where:

- (a) a registered, enrolled or enlisted person if found by the Council to be guilty of professional misconduct;
- (b) a registered, enrolled or enlisted person is convicted by any court in Tanzania or elsewhere for an offence which. in the opinion of the Council is incompatible with the status of a Pharmacist, Pharmaceutical Technician or Pharmaceutical Assistant: or
- (c) the name of any such person has been fraudulently registered, enrolled or listed, the Council shall direct the Registrar to:
- suspend (i) cancel, name from the remove his Register, Roll or List;
- (ii) impose depending on the penalty nature and the gravity of the professional committed by such person.

"THE PHARMACY (PREMISES REGISTRATION) REGULATIONS, 2020"

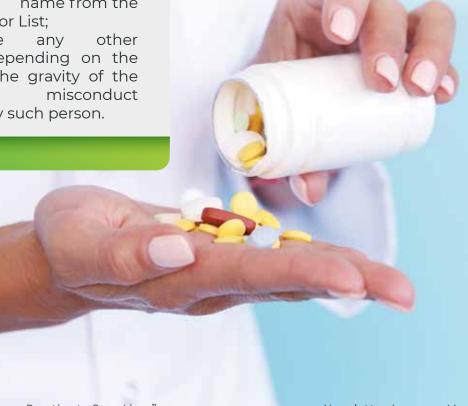
Approval of location

3.-(1) A person shall not carry out a business of a pharmacy in a location and premises that are not approved by the Registrar and registered by the Council.

Restriction in respect of pharmacy names

19. The Registrar shall refuse to register, or direct to change the name of the pharmacy that misleads the general public.

> #Understand the Law and Adhere#





International Women's Day (IWD) is a global day held on March 8 every year celebrating the social, economic, cultural and political achievements of women. This day also marks a call to speed up equality.

Tanzania like any other part of the world celebrates Women's Day with enhancing and complementing achievements accomplished by women in various sector. This year's Women's Day Campaign theme was "Kizazi cha Haki na Usawa kwa Maendeleo Endelevu"

Pharmacy Council Women from Council's Headquarter in Dodoma and Dar es Salaam joined other women from various institutions and organizations in a joint match at The Benjamin William Mkapa Stadium in Dar es Salaam to celebrate women's achievement, raise awareness and take action on the laid agenda of equality.

On celebrating women's achievements, The President of the United Republic of Tanzania, Her Excellence Samia Suluhu Hassan was the Guest of Honor during commemoration of women's day organized in Zanzibar.



The Council women in a joint demonstration celebrating International Women's Day which is celebrated around the world on March 8 at Uhuru Stadium in Dar es Salaam.

Addressing the nation, President Samia mentioned the factors that has elevated women's accomplishments being the rise of women's role in leadership, women economic empowerment and women's access to development initiatives.

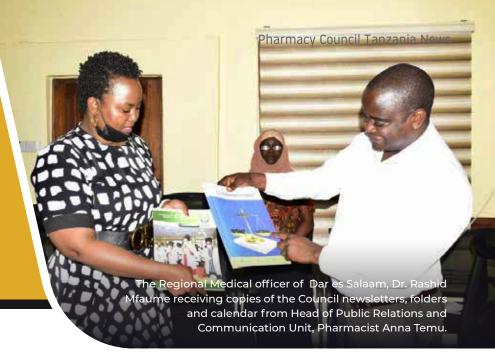
The event brought together leaders of both the Governments of Tanzania and Zanzibar, religious leaders, politicians, international organizations and various ambassadors as well as activists and leading institutions in the fight against gender bias.

Let us all ponder about an equal world, a world with no bias, stereotypes and discrimination of gender. A world where women are valued and celebrated. Together we can all raise awareness against bias. #BreakTheBias.



Tutaendelea kuwa chachu katika kusimamia afya bora ya jamii kwa kuthamini nafasi zetu kama Wanawake

Strengthening **Collaborations: Pharmacy Council Visits RMO's Office**



By Anna Temu

Fostering cooperation with the public and institutions or organizations dealing with the pharmacy profession is amongst the many functions of the Council. In executing this obligation, the Eastern Zone Coordinator, Pharmacist Aloyce Gregory together with public relation representative from Pharmacy Council visited the Office of the Regional Medical Officer (RMO) of Dar es Salaam on 09th February 2022.

The RMO, Dr Rashid Mfaume and his team were presented with the roles and responsibilities of the Council and highlighted on the Pharmacy Act and various regulations that governs execution of Council's functions.



Pharmacy Council Eastern Zone Coordinator, Pharmacist Aloyce Gregory speaking on the various aspects of collaboration between the Council and the Office of the RMO - Dar es Salaam



Group photo of Officials from RMO's office and representatives from Pharmacy Council.

On discussing about ethics and conduct of pharmacy professionals, Dr. Mfaume said, 'professionals should be reminded on a regular basis of ethical principles in order to diminish the moral depravity of some of them as doing so undermines the overall image of the profession."

The meeting was a success as both parties agreed on enhancing collaborations so as to streamline and ensure effective coordination of all responsibilities pertaining to pharmacy profession and practice.



Imagine!, as a pharmacist practicing clinical pharmacy, reading a 2014 Review report on AMR by the UK government and Wellcome Trust. on the deterring prospects antimicrobial resistance, if no serious actions are taken. The report shows that, nowadays, about 700,000 people worldwide die due to Antimicrobial Resistance (AMR) annually, and it is predicted that by 2050, AMR will claim the lives of more than 10 million people to death (Neill, 2014). Antimicrobial Resistance (AMR) means the capacity of microbes to survive or even grow in the presence of antimicrobial agents (AMA) that is usually sufficient to inhibit or kill them.

As per report, the cost of AMR through loss of global production between 2014 and 2050 is \$100 Trillion(Neill, 2014). Moreover, irrational use of drugs, incorrect diagnosis and prescription are leading causes of AMR. Global and national campaigns have been raised and proved effective to some percent. Yet more innovative ways to address the issue are needed. The reports, finally conclude by calling, among many stakeholders, pharmacists to the action of mitigating AMR. That is to say, a call to innovative solutions in addressing the problem from awareness to action.

One of significant milestone worth noting is that Tanzania has launched a 2020 - 2025 Multi-sectoral AMR Communication Strategy that focuses on moving from awareness to action (MOHCDGEC, 2020). It is with no doubt that, the strategy presses a call to, among others, pharmacists to champion the action. What then the best, a pharmacist can deliver in these calls?

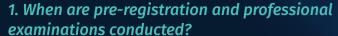
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Tanzania Ministry of Health, Community Development, Gender, Elderly and Children (2020). Multisectoral antimicrobial resistance communication stratergy: Moving from awareness to action.

FREQUENTLY ASKED QUESTIONS



Answer: These examinations are offered three times a year (February, June and October). However, the Council will announce dates and venue for examinations two months (60 days) prior to the examinations.

2. What are the requirements/eligibility criteria for sitting or re-siting of pre-registration or professional examinations?

Answer: For Pre-registration examination; one must be a graduate of Bachelor in Pharmacy from a recognized institution; must complete at least 9 months of Internship training;

For Professional Examinations; one must be a araduate of certificate or diploma pharmaceutical sciences from a recognized pharmacy training institution and must apply to the Council through link provided in the Council's website (www.pc.go.tz)

N.B All candidates must apply to the Council for the examinations through online application system via provided link in the website at least one (1) month before the examinations dates'.

3. What are the examination contents and format?

Answer: The contents for pre-registration and professional examination are prescribed under Pre reaistration and Professional **Examinations** Guidelines. (www.pc.go.tz/regulation_guidelines/). However, each examination will have at least four (4) sections including Multiple Choice Questions, True and False or Matching Items

4. What are the procedures for internship application for pharmacy graduates who studied abroad?

Answer: (1) Pharmacy graduates from abroad must apply to Tanzania Commission for Universities (TCU) for evaluation of their award before applying to the Pharmacy Council for Provisional Registration and allocation for internship training.

(2) For Graduates who studied in Tanzania; As soon as the University Senate approves the results that they have passed their final examinations, they will be eligible to apply for internship.

All application for internship training shall be done online through application system www.pc.go.tz/apps_forms/ and attach all required documents. The Council will issue the results of your application within 21 days.

5. How can I change an internship center?

Answer: If you wish to change an internship training center, you will be required to write to the Registrar to request for change of internship center and state the reason(s) for change.

6. What next after my internship?

Answer: After 12 months of internship training and passing of pre-registration examinations you will be required to apply for registration so as to practice as full registered pharmacist.

7. How do I know if the Pharmacy Training Institution I plan to attend is recognized in Tanzania?

Answer: If you intend to study pharmacy course within or outside Tanzania, you are Advised to visit Tanzania Commission for University (TCU) (for degree or masters) or National Council for Technical Education (NACTE) (for certificate or diploma courses) to see whether the institution is recognized. However, you must visit the Council to obtain the set standards for the course you intend to pursue to avoid disappointments during the time of registration after you have completed the course. You may also visit our website (www.pc.go.tz) for more information.

8. How can I ask more about examinations, internship and training issues?

Answer: You can call us through Toll Free No. 0800110015 or send email through education@pc.go.tz.



BARAZA LA FAMASI



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WhatsApp namba

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Simu bila Malipo

0800 110015

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